



Martha Jefferson Hospital sees well over 100 patients with cancer walk through its doors on a daily basis. For those just learning their diagnosis, their visit to the hospital may be one of the most stressful moments of their lives. For others, the stop has become a part of their daily routine; showing up for radiation, hoping that with each visit their body is one step closer to being rid of the disease. And for a third group, it's a visit worth celebrating; the last day of treatment, or a positive follow-up confirming there hasn't been a re-occurrence.

## The Most Important Outcome Is Survival

With recent advances in cancer treatments, more and more people are falling into that third category, and at Martha Jefferson Hospital, patients have a reason to celebrate.

According to the most recent data, our patients have experienced a higher five-year survival rate than the national and state averages, as well as the averages of comprehensive community cancer centers, for breast, prostate, colon, rectal and bladder cancers.

The success Martha Jefferson has seen can be accredited to the combination of the latest cutting-edge technology and a dedicated team of caregivers working together to treat each patient seen at the hospital. Our sophisticated treatment options, including Stereotactic Radiosurgery (SRS) and Stereotactic Body Radiotherapy, respiratory gating and state-of-the-art linear accelerators with image-guided radiotherapy capabilities, rival top cancer centers. At Martha Jefferson, however, we realize it's about more than just the technology: we place great emphasis and value on the importance of a smiling face to greet you at

the door, or a shoulder to lean on through the often difficult process.

"We combine the resources of a major medical center with the individualized, compassionate care our patients have come to expect from our community hospital," said Dr. Sylvia Hendrix, Radiation Oncologist. "To me, it's reflective of the difference between delivering treatment and care."

### Together, Dedicated to Success

Although Martha Jefferson has made great advances utilizing the most current technology in recent years, the skill and experience of our team, from our diagnostic specialists to board-certified surgeons, medical oncologists and radiation oncologists, is what truly allows us to excel.

"There is a special synergy between the team and the technology at Martha Jefferson Hospital. Not only do we have the best equipment that allows us to do our jobs, we are there to support each other, look at each case together, and come up with the treatment plan that will have the best potential outcomes together," said Hendrix.

The work of the team often begins outside of the hospital, with primary care physicians understanding the importance of screenings and diagnosis. That work is then carried into the hospital setting, as a dedicated team committed to working together takes the reins.

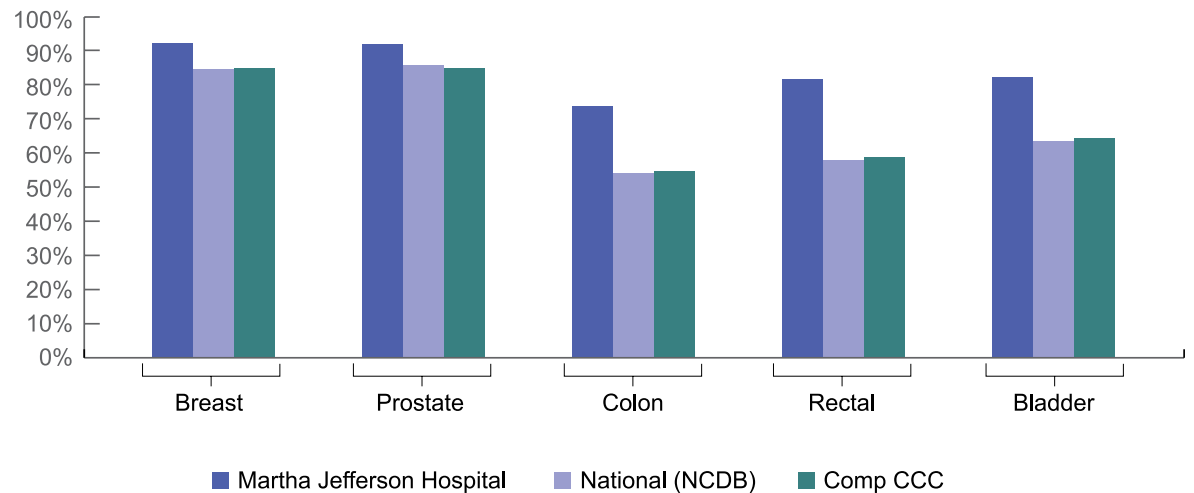
"No matter what type of treatment we're delivering, we work together as a team," said radiation oncologist, Dr. Cynthia Spaulding, Radiation Oncologist. "By using the expertise and skill of everyone from physicists to physicians, we're able to come up with the best solution for each patient, and provide individualized care you can't always find other places."

In addition to our superior outcomes, satisfaction scores indicate patients are pleased with the services they're being provided. More than 90 percent of patients diagnosed with cancer at Martha Jefferson choose to have all or part of their treatment at Martha Jefferson.

"This number truly speaks volumes to what we're able to provide," said Dr. Hendrix. "Our patients notice the difference, and we're happy to be a member of their team through the process."



## Observed 5-year Survival Rates by Site Based on Cases Diagnosed 1998-2002



### Betty Barksdale

6 ½-Year Breast Cancer Survivor

“Each person I came in contact with at Martha Jefferson Hospital made me feel as though I was the only person they knew who was being treated for cancer. Everyone from my oncology doctors and the radiation department, to the breast surgeon, interventional radiologists and the nurses in the infusion center had a different way of helping me heal. I knew members of the Cancer Conference met often to talk about my case, and the fact they all stayed on top of how I was doing along the way showed they cared a great deal.”



### Mae Swartz

6-Year Colon Cancer Survivor

“The people at Martha Jefferson Hospital became like a family to me during my treatments. My doctor was incredibly professional and made everything feel easy, which took a huge load off of me, and one of my nurses was like a big sister. I knew each time I made a trip to the hospital I would see friends and be comforted by supportive members of my care team.”

### Robert Metzger

13-Year Prostate Cancer Survivor

“Whenever I came to Martha Jefferson for an appointment, the care I received was prompt and courteous. The amount of communication and coordination that went on between my team of caregivers was comforting and helped put me at ease. Whether it was a nurse, or technician running the machines, people talked me through the process and made sure I knew what was taking place at every moment. Everyone truly had my best interest at heart.”



*At Martha Jefferson Hospital, patients diagnosed with cancer between 1998 and 2002 (the most recent date for which information is available), enjoyed a favorable five-year survival rate. According to data from the National Cancer Data Base (NCDB), we compared positively to the national and state averages, as well as the averages of comprehensive community cancer centers (Comp CCC), for the top five cancer sites most frequently treated at Martha Jefferson.*

